



Canadian Bilingual School

Bringing Talent to Life

إدخال الموهبة في الحياة



CBS EXPRESS

October 2022

Vol: 8 Issue: 2

Yellow day



Health and Wellness day



We have been busy here at CBS this month both academically and socially. Special days appear throughout the calendar year as a way and means to promote collaboration and develop community. Our school kicked off the year with **Yellow Day** celebration and our classes were filled with sunshine as students donned their yellow T-shirts. We followed our celebrations with **Health and Wellness Fair** as a part of our **MSA objective**. Students were very serious about their food choices and we promoted healthy living through various physical activities managed by our PE team. It was such a spectacular event!

Be sure to check the school calendar and/or the list of upcoming events on the last page of the newspaper for our next special day.

Editor's Note



Writing Matters

The Importance of Writing Skills

Written communication is an exceptional characteristic of the human species. Over hundreds of years, writing has helped individuals to inform, collaborate and alert other, while societies benefitted from written history, culture, and knowledge. In our time, how you successfully use the gift of writing, depends on you.

Writing is a life skill, not only an essential job-related skill, because it is often the basis upon which others judge your learning, your values, your ideas, and your contribution to society. Regardless of your career or occupation, everyone must write to communicate with others, whether it is a friendly email, a formal business memo, a report, a job application, a press release, or a message of felicitation. Your writing skills determine if you receive the desired reaction from your reader. Did you inform, persuade, or entertain as you hoped?

Writing is also personal. Writing expresses who we are. It makes our knowledge, our personal aspirations, and our work for the future visible to others. Writing is the means to explain our ideas to ourselves and to others while preserving our personal experiences and our memories. In this way, writing connects you with yourself. Writing is not fleeting; it is permanent. It is a record of what you wished to communicate at a point in time.

Writing enables you to reach a much larger audience, in many places and over time. Writing harnesses, the transformative power of the written word to improve your life and to change the world around you. If writing is judiciously planned, thoughtfully written, and designed for the intended readers, it lives on in the minds of those who read it.

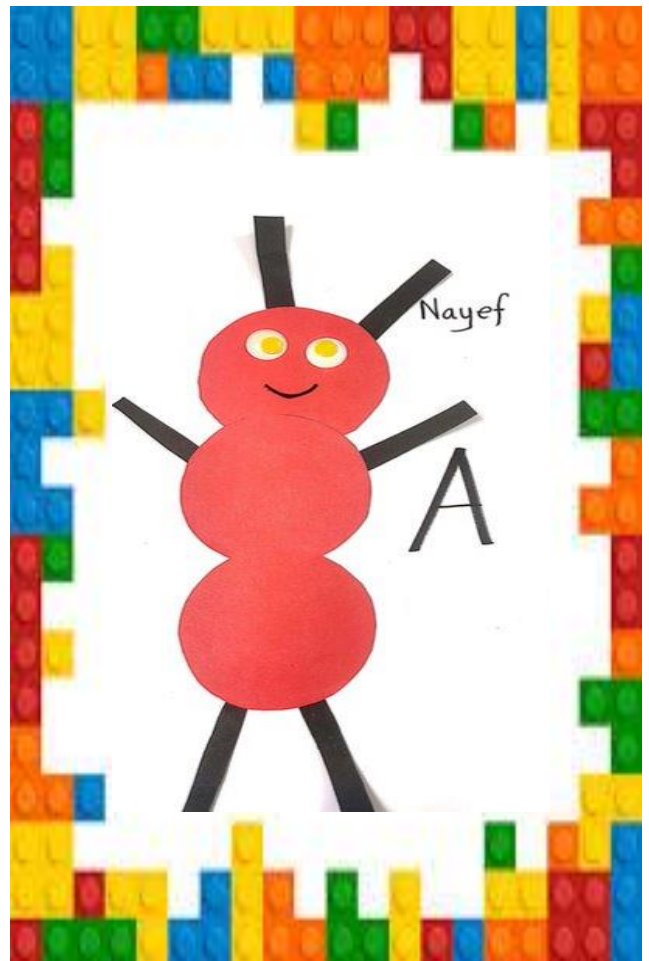
Remember that the process of writing should be enjoyable. Writing is serious business when its impact is important. But write also for fun, taking pleasure in a turn of phrase, a touch of humour and word play. Writing skills will then come naturally to you. When you write your name under what you wrote, you should experience a feeling of accomplishment.

Ms. Henna

Editor-in-Chief

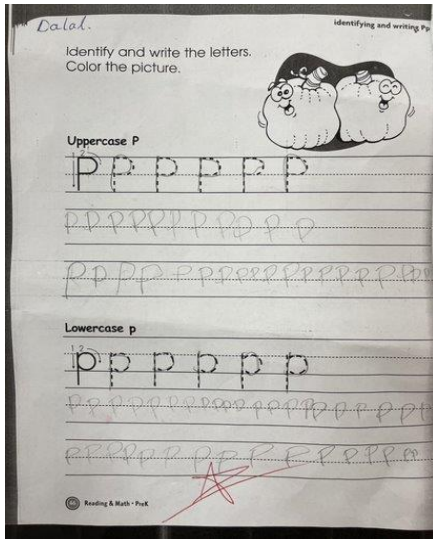


Fajer Ali Hasan
PK

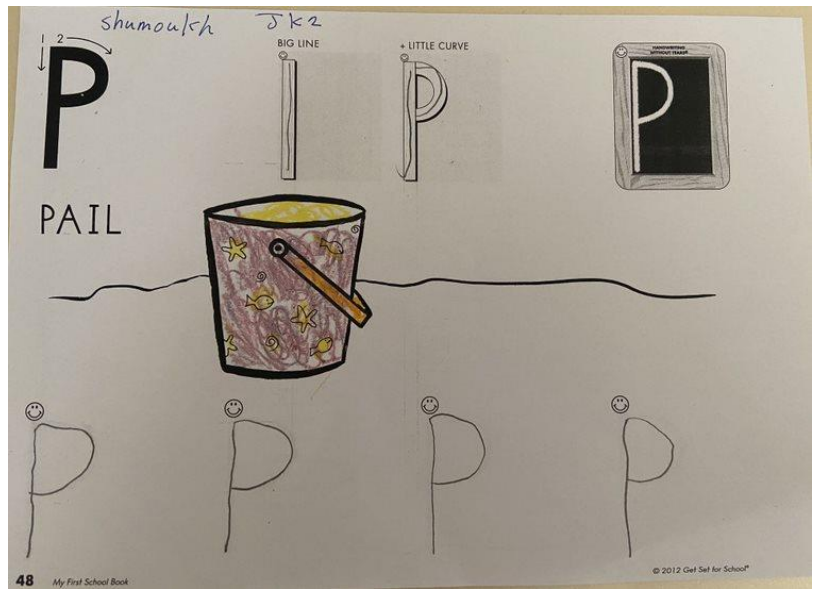


Nayef Meshaal Al Khashab
PK

Dalal Abdullah Al Mutairi
JK 1



Shumoukh Nawaf Al Dhafeeri
JK 2







Haya Salman Al Ajmi
JK 3



Fay Saleh Al Haddad
JK 3

Grade 1 Writing

How to make popcorn

		
		Charity Atun Reyes 1A

First, put the popcorn kernels in a pot.

Next, add the salt.

Then, put the pan on the stove.

After that wait until the kernels finish popping.

Finally, eat the popcorn.







Charity Atun Reyes
Gr 1A



Thursday Oct 16 / 2022

How to make popcorn

Ingredients:

			
pop corn kernels	oil	salt	pan

First, put the popcorn kernels and the oil in the pan.

Next, add the salt.

Then, put the pan on the stove.

After that, wait the kernels pop.


Finally, you can eat and

Dalal Jassim Al Kandari
Gr 1D

Grade 1 Writing

Mohammad Ammar Al Hebeshi
Gr 1C

10-10-2022
Mohammad Ammar
1C







1. My dad said go to sleep.
2. There is a bird on the tree.
3. What is your name?
4. We are playing.
5. I can jump.
6. I use my colours.



Kunouz Nawaf Al Daihani
Gr 1B



1B Kunouz Nawaf 12-10

 snow ball	 carrot
 hat	 stick rock

How to make a snowman?

First make ball.

Next make the face.

Then make arm with sticks.

After that make a nose.

Finally a hat.

CS Scanned with CamScanner



My Best Friend

I love my best friend. Her name is Layan. She is very kind and beautiful. She loves cookies and chocolates. She likes me. She also loves mango juice. Her favourite animal is the cat and I love birds, but we don't have to be the same. She is very energetic and fast. Her favourite number is nine. She is very thankful for everything and she has a unique style. She is playful and brave and confident to do anything. She is very funny her favourite colours are pink and white. I love my best friend.



Mayar Fahad Al Adwani

Gr 3 A

My Best Friend

My best friend's name is Abdullah. His favourite thing to do in his free time is to watch funny videos. His favourite sport is football. He loves McDonald's. His favourite book is Iron Man and he likes the movie Avengers. He loves dogs. In his family he has an aunt and his parents. He is friendly and funny and also kind. He is thankful for everything. He is fast and when we play together we have so much fun. He works hard. He is a nice boy.

Abdulrazzaq Ibrahim Al Ghemlas

Gr 3 B



My Best Friend

My best friend is Omar. His favourite game is Call Of Duty. His favourite colour is blue. Omar's birthday is in October. He is amazing and friendly. He is also fast and funny. Omar is warm and he is a gift to me. He is simply awesome.

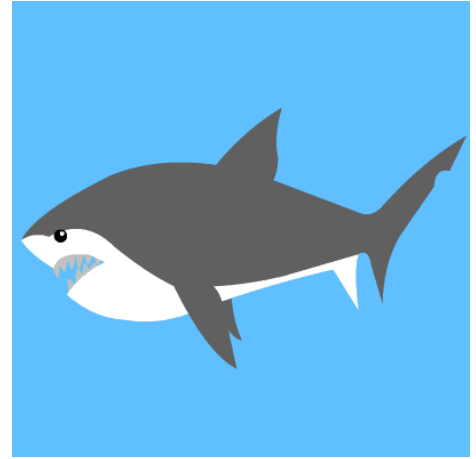
Yousef Abdullah Al Shatti

Gr 3 C



The Great White Shark Summary

The Great White Shark is a carnivore that eats sea lions and seals. Its weight is 2.5 tons. Its size is relative to a bus. They are also warm-blooded. When they are born, they swim away from their mothers because she sees them as prey. Their group name is a school or shoal. At birth, they are already about 5 feet (1.5 metres) long. Baby sharks mostly don't survive their first year. Killer Whales eat Great White Sharks. Did I forget to tell you that the sharks are getting caught in nets?



Salman Ammar Hammadi

Gr 5 B



Great White Sharks are the largest predatory fish, and they live in cool coastal waters. When sharks are babies, they eat crustaceans, molluscs and sea birds and when they are all grown up, they like to eat seals, sea lions and other sharks. Great White Sharks have slate-grey upper bodies and their teeth are like zigzags. Their tails are like streamlined torpedo-shaped tails. White Sharks live in cool coastal waters around the world. If people keep catching sharks, then sharks may die, become extinct or get hurt. There aren't many Great White Sharks left on Earth because people keep catching them in nets.

Zainab Hameed Al Quraini

Gr 5 A

Biography of Elbert Einstein

Einstein was born in Germany. His dad owned an electronics company, and his dad gave Einstein a compass. Einstein was curious about magnetism.



Einstein's favourite subjects were Math and Science. He had very good grades in his Physics. He had a friend called Max Talmud who was a Polish medical student. Max Talmud became Einstein's tutor.



Einstein moved to Switzerland for school, and he met his future wife Meliva Meric. Einstein was a professor in Germany, and he left Germany for the United States of America.

Einstein was considered a genius as he discovered many theories. He changed the world and won the Nobel Prize for Physics.

Omar Fuad Al Azmi

Gr 5 C





Hessah Meshal Al Mutairi

Gr 3 A



Dhuha Ahmed Al Mutairi

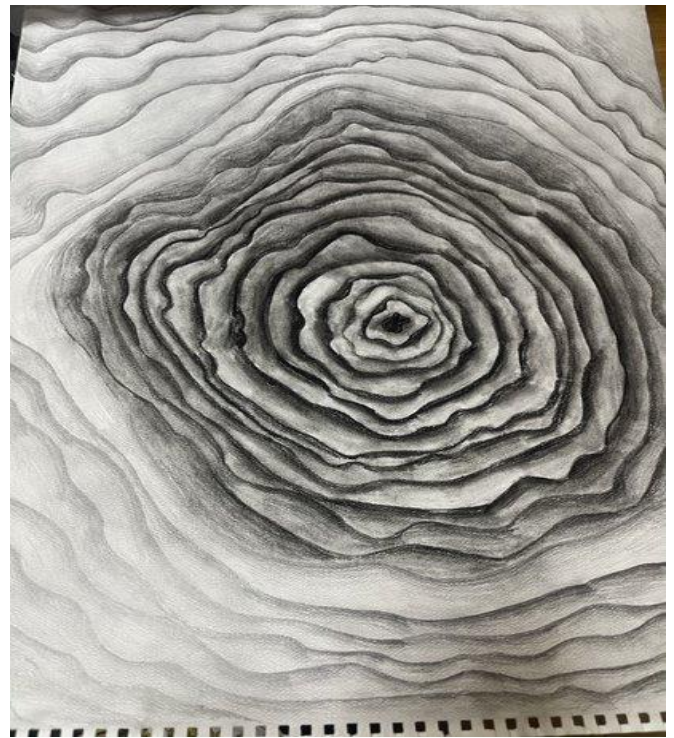
Gr 3 A



Deam Muhanna Al Thlaith

Gr 5 A



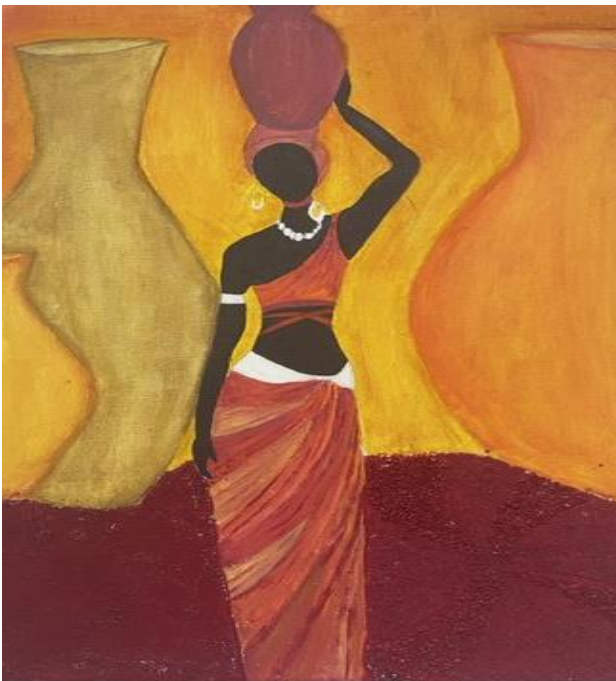


Roshamy Khan Amin

Gr 7 A

Deema Talal Al Ghunaim

Gr 9 A



Reem Hussain Al Mutairi

Gr 11 A



John Deng Langbany

John was only five years old when his parents' house got burnt in Sudan. It was the last day he saw his parents. John and other children had to run to Ethiopia, and they had a very hard journey. John and the other children made it across the desert all the way to Ethiopia. He was very small, so the children had to carry him. Unfortunately, John couldn't do a lot of things that the other children could because he was the youngest.

One day John and some of his friends decided to cross the river. His friends carried him so he could catch some mongooses. Some one with a gun came and started shooting at the children. It was an Ethiopian guy who hated them. They had to jump into the river. One of John's friends drowned and the other one was killed, but John survived.

In 1991, the new government of Ethiopia chased the Sudanese children. John followed the other children to a place called Pachala. It took three days of walking on foot. They lived on a little corn and water. The enemies crossed the border, and the fighting began again. The enemies captured John and took him to a place where they had a lot of people captured. He stayed there one day. Before morning hours, John escaped and walked all the way to Oboth.

In 1995 John went to IFO in Kenya and lived in a refugee camp trying to find a way to travel to America.

Finally, John flew out of Kenya to America and started high school in Rochester, Minnesota. It took him a long time to realize that he had gained a lot from living with many people in the refugee camps. Nobody could believe that John could speak 14 languages. It was a part of his learning while going through bad times.

Fatma Ali
Gr 7A

If I were in charge

Of course, everyone has a social issue that they are passionate about, mine is "global warming". Global warming is caused by smoke from the factories that rips through the ozone layer. Global warming causes sun burns, sun stroke, and humans and plants die every year. If I were in charge of vanishing global warming, I would put a big air filter in the factories' chimneys. Some factories did that but still, there are many that haven't done a lot. So, I will put an air filter in each factory. I would encourage people to plant more because plants breathe in carbon dioxide and breathe out oxygen that we need. Then maybe global warming, In Sha Allah, will vanish.

Abdullah Al Rubaiee
Gr 7 B



If we cannot respect one another,

How can we expect people to respect us?

Respect is in the small things we do in our everyday lives.

It teaches us to build relationships and trust, and safety.

Respect race, age, embrace our differences through respect

If we cannot respect others,

How can we expect that they respect us?

Mutual respect is always a good starting point, and a compass to guide us.

What do you think respect means?

It's the basis of friendship and the key to gain it.

Our differences should not lead us to separation,

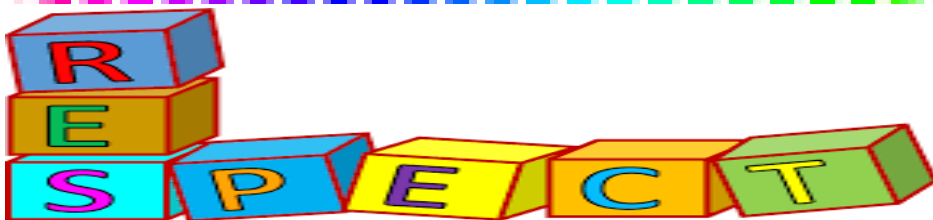
Gossip should not lead us to argue and fight,

Bullying should not be tolerated in schools,

Students should respect themselves, others, and teachers.

Put others first, part of respect is knowing how to put others first.

Al Laith Ahmad Al Mahmaeed
Gr 9 A



RESPONSIBILITY

Free...

As a bird, not in a cage

nesting, foraging, taking care of its family.

Like a lion in the wildness,

haunting, fighting, defending his territory.

The price of freedom is responsibility.

With no responsibilities,

there is no purpose of your action.

Being responsible, will make you

walk tall, stand proud and give life a meaning by doing your duties.

Responsibility is a sign of maturity.

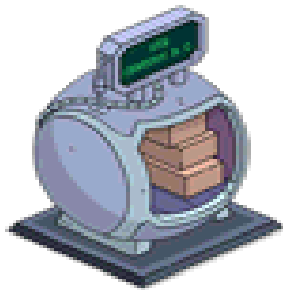
As Winston Churchill said:

“The price of greatness is responsibility”.



The Butterfly Effect

It's the year 2060. The worldwide company, Amazon has just unveiled its new delivery service; an invention never seen before that has shocked the future world. Now that time travel exists, and has surely been discovered, Amazon decided to create a time traveling delivery service, or in short TTDS. The time-traveling delivery machine usage is simple, all you have to do for it to work is your future self has to send a package through the time-traveling portal. Once it arrives, which usually takes 7 days to deliver, the workers at Amazon instruct robots to single-handedly deliver it to the specified address...



Ahmed watched as the news explained Amazon's new invention. His eyes sparkled in interest as he felt excited to know that his future self would send something to him. His thoughts kept racing as he tried to guess what his future self would send to his past, or what is believed to be the present self. As days passed, Ahmed started doubting if his future self would ever send anything to him. He kept looking through his mail and P.O box address to see if anything had come through in an Amazon package or a luxurious-looking package – as that's what you'd expect from a package made in the future. As a few weeks passed, Ahmed lost his motivation and slowly forgot about the time-traveling delivery service package he wanted to receive until his friend, Bader, called him.

“Hey Ahmed, I just received my time-traveling delivery service package! My future self sent me a picture of the outside world, and it was full of robots and cool futuristic stuff! Did you receive any package?” Bader asked. Ahmed sighed and said, “Not yet, I don't think I'll receive a package anytime soon, but good for you Bader!”

“Don't worry Ahmed, I'm pretty certain you'll be getting one soon,” Bader said as he tried to cheer up Ahmed.

After the phone call, Ahmed started to feel jealous that Bader received a package and he still had not even received a single sign of the package if it will ever reach him. So, in an act of jealousy, or an attempt to resolve the issue, Ahmed decided to use the time-traveling delivery service to send a postcard to his future self. The postcard had a picture of the mountain he and his friends were about to go to in a few days. It was a trip he had been looking forward to for a while and had hoped that maybe this would motivate his future self to send him back. The postcard had a message written on it that said, "let me know how the experience was before I take off with my friends!"

After Ahmed got his postcard ready, he arrived at the delivery spot and inserted the package so it would go straight to his future self. A few days had passed and still nothing. However, on the day he was meant to go on the trip with his friends, Ahmed received a last-minute mail delivery that reached his house the moment he walked out the door. Ahmed spotted it and due to his overthinking, he decided not to skip the mail and check it out before he leaves for his trip. Once he opened the mail, Ahmed was left in shock by what he saw. His eyes filled with excitement as he exclaimed "WOW, a futuristic arm!" Ahmed was speechless but in a positive manner. That was until he noticed the note under the futuristic arm which read 'DO NOT GO ON THAT TRIP OR YOU WILL LOSE SOMETHING SPECIAL TO YOU!'

After what he witnessed, Ahmed felt his heart drop to his stomach. At that moment, he decided not to go on the trip with his friends. The only thought he had in his mind was the question 'what special thing am I going to lose?'. Ahmed then quickly picked up his phone and immediately called his friends to let them know he is not going to go on the trip with them. His friends kept trying to convince Ahmed to come but nothing could change his mind after that. As the question spiraled through his mind, he decided to go on a walk and think about it.

As Ahmed went on the long walk, the question multiplied into many more questions and they kept replaying in his mind. What special thing am I going to lose? What special person will I be losing? What special item will get lost? And so on! He walked past houses, streets, blocks, towns, and cities without realizing how much time was wasted. But he did not care, all he cared about was finding out what his special thing is.

Ahmed soon felt thankful because if he had gone on that trip, he'd have lost that special something, which he had only known because of his future self's message. But he also started regretting sending a letter to his future self via the time travel delivery service. He regretted it because he thought he'd receive a positive gift, not a negative warning that has left his mind, soul and body dazed hour after hour after hour. As his thoughts finally vanished, he realized he walked for too long and too far away after he looked around and saw an unfamiliar area. His smartphone then alerted him that he has walked all the way from his home to an unfamiliar alleyway. He decided that its time to go back home due to common sense and he only felt mentally exhausted to the point where he just wanted to go home and throw himself onto the bed.

As he started to get closer to his house, block by block, street by street, he felt his eyes getting heavy like he was falling asleep with his eyes open and body active, as if he was mentally exhausted or overwhelmed, until he started hearing honking get closer and closer to him. Just as he realized what was happening, he felt the impact of a car hitting him heavily. Everything turned blank and he could only hear his ears ringing as the world went dark.

As he opened his eyes, he felt physical, emotional, and mental pain. The first thing that came to mind was "where am I?" As he fully regained consciousness, he looked around and noticed the room he was in looked like a hospital room. The door to his room suddenly opened and a doctor came in. "Oh, good! You're finally awake!" the doctor exclaimed. He looked at Ahmed's arm then sighed. "I'm sorry to tell you this but the car accident has caused you to lose your arm. Thankfully though, we had just invented a new prototype arm that would fit yours perfectly!"

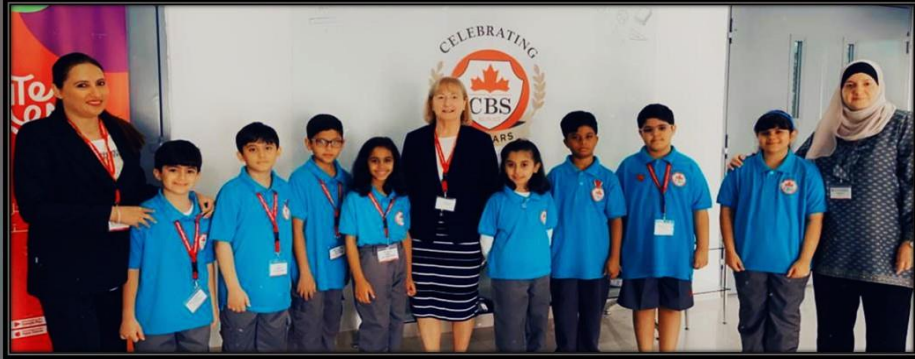
At that moment, Ahmed felt as if time stopped. He slowly looked down and saw what he dreaded. His left arm was the same robotic arm that his future self had sent to him in the package. This was when he finally understood that the whole package being sent was the reason that he lost what was "special" to him.

Sayyid Hashim Mohammed Al Ansari
Gr 11 A





ELEMENTARY STUDENT COUNCIL



We are proud of our **FUTURE LEADERS**



Ms. Kirti & Ms. Nandini
ES SC Coordinator



Layan Rated Al Dhafiri
Gr 5 A



Abdullah Salem Al Mutairi
Grade 5B



Ali Ahmad Ashkanani
Gr 5 C



Fatema Wael Al Qahtani
Gr 4 A



Mohammed Khaled
Al Mutaibi
Gr 4 B



Mohammad Ahmad Al
Mohammad
Grade 4 C



Mayar Fahad Al Adwani
Gr 3 A



Yousef Yaquob Al Maraghni
Gr 3 B



CBS Student Council

HS STUDENT COUNCIL

Student Council Coordinators



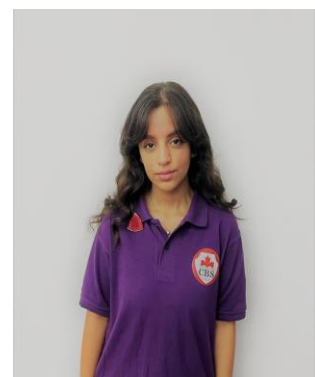
Head Boy



Jarah Adel Al Sebly

Gr 12 A

Head Girl



Shouq Hussain

Abdullah Al Rashed

Gr 12 A

Deputy Head Boy



Abdurahman
Muhanna Al Thelaith

Gr 11 A

Deputy Head Girl



Gala Mohammad Al
Dousari

Gr 11 A

HS STUDENT COUNCIL Cont'd



Aizeh Khan Amin
Gr 10 A



**Fahad Mohameed Al
Ajmi**
Gr 10 B



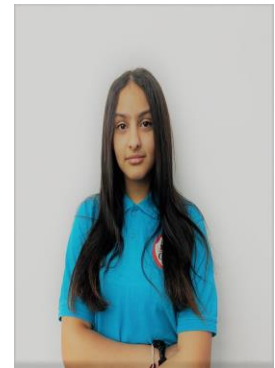
**Ibtisam Naser
Gadanfar**
Gr 9 A



**Dhai Mohannad Al
Farad**
Gr 8 A



**Talal Mohammad Al
Azmi**
Gr 8 B



**Samere Bader Al
Tameemi**
Gr 7 A



**Abdulaziz Mohammad
Aqtami**
Gr 7 B

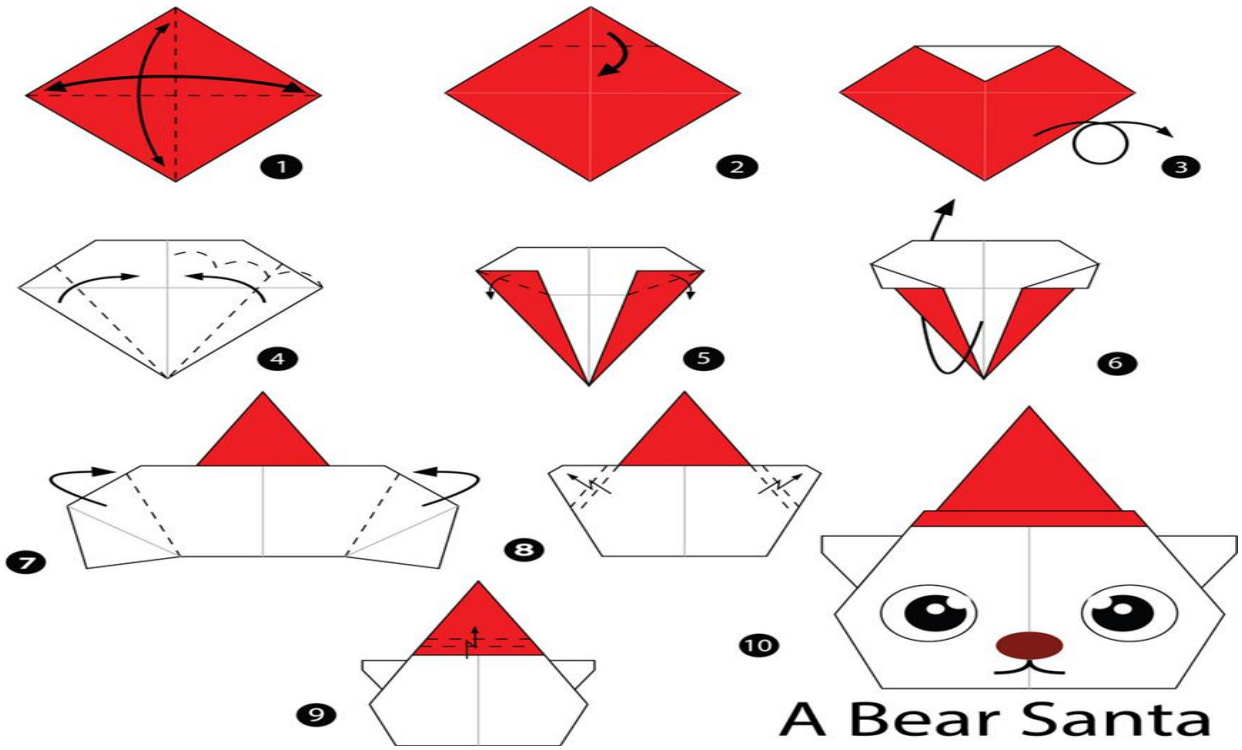


Mudhhi Anwar Al Khaldi
Gr 6 A



Al Otaibi Abdullah Khaled
Gr 6 B

Quick Origami



Spot 10 differences



Upcoming events



Nov 1st- 30th- Reading Month

Nov 3rd- Report cards go home

Nov 6th- 10th- Book Fair and Parent Conference week



Nov 13th- SK Healthy Living- Fruits Day

Nov 24th- International Day

Nov 27th- 30th- Photo day

Nov 28th – Grade 4 Parent Engagement Event

Nov 28th- International University Fair (Gr 11-12)

Nov 30th- Reading Month Results

Nov 30th- Gr 3 Parent Engagement Event



DID YOU KNOW?

Eating an apple is a more reliable method of staying awake than consuming a cup of coffee.

